

# Touching & Listening

## Using clay and music in creative Gestalt practice Workshop with Christine Stevens and Aline Giordano

Friday 28<sup>th</sup> and Saturday 29<sup>th</sup> June 2024

Malvern House

Nottingham

### What is it?

In an increasingly complex, oppressive and fast-moving world we will give ourselves permission to touch the earth, listen to sounds, and make discoveries through elemental play. Grounded in core Gestalt theory, this event will disrupt and expand concepts of creativity in our work, supporting us to push forward the frontiers of our practice. In this experiential hands-on workshop involving clay and music we will be experimenting with sensation, awareness and meaning making.

### Who is it for?

Psychotherapists, coaches, organisational practitioners and all the curious minds.

### The workshop will include:

- Working with clay
- Process of listening to sound and music
- Raku workshop (weather permitting)
- Theoretical discussion, experiential learning and group discussion
- Lunches, snacks and hot drinks both days

### Participants will gain:

- Experience of new creative approaches to practice
- Theoretical framework for creative practice
- Opportunity for personal and professional development
- Their own unique hand-made Raku glazed vessels to take home (weather permitting)
- 14 hours CPD

### Fees

£290 before 19<sup>th</sup> May

£310 after 19<sup>th</sup> May

Please contact us if these prices would prohibit you from coming.

## Facilitators

**Christine Stevens** PhD is a Gestalt therapist, supervisor, international trainer and writer and Editor of *The British Gestalt Journal*. She is a member of the EAGT Research Committee, and Research Liaison officer for the IAAGT. She worked for 16 years on the faculty of the Doctorate in Psychotherapy programmes at Metanoia Institute, London. As Director of Clay Studio, Nottingham, she is involved in arts-based social engagement work. She regards her practice as trans-disciplinary, informed by social sciences and critical theory, and engaged in artistic enquiry and psychotherapy practitioner research.



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**Aline Giordano** is a Gestalt coach, facilitator and trainer. In addition to her coaching work, Aline specialises in the design and delivery of projects centred around wellbeing and inclusion in organisations. She uses music and sounds in her practice – whether with one-to-one clients or Senior Leadership Teams in organisations – to help us notice shifts in ourselves and our relation with the world. Her practice is grounded in Relational Organisational Gestalt (ROG) theory and practice and the phenomenology of listening. Aline is the author of 'The Cure: separation, loss and song parody', published in the *British Gestalt Journal* (2023). She is a member of the EAGT Gestalt Professional in Organisations (GPO) Committee, and is a ROG Associate Faculty member at Relational Change.



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